



Essential oils have numerous benefits but should be handled cautiously:

- Due to their concentration, the essential oils must always be diluted.
- Avoid direct or indirect contact with eyes.
- Keep out of reach of children.
- Do not use for children under 3 years of age.
- Observe restrictions for pregnant women.

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Patchouli oil benefits:

1. Use in a blended massage oil or dilute in the bath to help fight depression, relieve fatigue, create a pleasant atmosphere or fight fungal infections, dermatitis, fluid retention, etc
2. Use in a burner to help relieve anxiety and repel insects
3. Apply neat on a cotton bud to relieve the pain of a sting or insect bite
4. Use in a lotion or cream to stimulate the formation of new skin cells, rejuvenate the skin, fight skin infections, acne, eczema, weeping sores and scalp disorders
5. Use in a blended massage oil to ease constipation
6. Use in a lotion or cream for its deodorizing action



Rwandan Natural fragrance

Ikirezi Natural Products is a community-interest business with the vision to be a leading producer of high quality essential oils and other natural plant products that maximizes profits to small farmers, holistically transforms communities, and strengthens agribusiness in Rwanda.

Patchouli oil

