



**Essential oils have numerous benefits but should be handled cautiously:**

- Due to their concentration, the essential oils must always be diluted.
- Avoid direct or indirect contact with eyes.
- Keep out of reach of children.
- Do not use for children under 3 years of age.
- Observe restrictions for pregnant women.

*Ikirezi Natural Products  
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**Lemongrass oil benefits:**

1. Add to food to stimulate appetite and help treating gastric infections and indigestion
2. Use in a massage to help relieve strained and aching muscles
3. Use in bath or massage to help reduce fever, boosts the nervous system and as good post-illness tonic
4. Add to lotion or bath to help balancing oily skin and excessive perspiration
5. Use in burner as insect repellent
6. Use in bath or compress to relieve the fungal infection of athlete's foot
7. Add to a massage oil to help stimulate breast milk flow



**Rwandan Natural Fragrance**

Ikirezi Natural Products is a community-interest business with the vision to be a leading producer of high quality essential oils and other natural plant products that maximizes profits to small farmers, holistically transforms communities, and strengthens agribusiness in Rwanda.

**Lemongrass oil**

